**S2 Food Bank-List of food for donation**

***Please note we are unable to accept fresh, chilled or frozen food. Please make sure that the food you donate is in date***.

Cereals

Tinned:

* Soup
* Spaghetti/ravioli/

macaroni

* Baked beans
* Tomatoes
* Vegetables
  + Potatoes
  + Carrots
  + Peas
  + Sweetcorn
* Fish
  + Tuna
  + Sardines
  + Mackerel
* Meat
  + Pies
  + Corned beef
  + Meatballs
  + Hot dogs
  + Minced beef and onions
  + Chicken
  + Curry
  + Ham
  + Spam
  + Irish stew
* Pulses
  + Red kidney beans
  + Chick peas

Pasta/rice/noodles

Pasta/sauces

* + - Meat and vegetarian

Tinned fruit

* Peaches
* Apricots
* Mandarins
* Fruit salad

Tinned rice pudding

Biscuits

Jam/chocolate spread/peanut butter

Tea bags/Coffee

Sugar

UHT milk (Green and Blue)

Fruit squash

Toiletries

* Shampoo
* Conditioner
* Shower gel
* Deodorant (spray preferred)
* Toothpaste/ toothbrushes

Menstrual products

Washing powder

Toilet rolls

Nappies/wet wipes