**S2 Food Bank-List of food for donation**

***Please note we are unable to accept fresh, chilled or frozen food. Please make sure that the food you donate is in date***.

Cereals

Tinned:

* Soup
* Spaghetti/ravioli/

macaroni

* Baked beans
* Tomatoes
* Vegetables
	+ Potatoes
	+ Carrots
	+ Peas
	+ Sweetcorn
* Fish
	+ Tuna
	+ Sardines
	+ Mackerel
* Meat
	+ Pies
	+ Corned beef
	+ Meatballs
	+ Hot dogs
	+ Minced beef and onions
	+ Chicken
	+ Curry
	+ Ham
	+ Spam
	+ Irish stew
* Pulses
	+ Red kidney beans
	+ Chick peas

Pasta/rice/noodles

Pasta/sauces

* + - Meat and vegetarian

Tinned fruit

* Peaches
* Apricots
* Mandarins
* Fruit salad

Tinned rice pudding

Biscuits

Jam/chocolate spread/peanut butter

Tea bags/Coffee

Sugar

UHT milk (Green and Blue)

Fruit squash

Toiletries

* Shampoo
* Conditioner
* Shower gel
* Deodorant (spray preferred)
* Toothpaste/ toothbrushes

Menstrual products

Washing powder

Toilet rolls

Nappies/wet wipes